

7th June 2024

Dear Parents/carers,

As year 10 nears the end of the academic year and they move into year 11 it is essential all students continue to prepare for next year's GCSE exams.

To help support and prepare your son/daughter for next year's exams we are planning on completing their first set of mock exams. This will start on June 24th. The exams programme (attached on the back of this letter) will include exams for most GCSE subjects.

In order to be successful in their exams staff are going through exam papers and revision questions in lessons. Students also need to ensure they are revising at home by completing exam questions, online homework, using revision flashcards and making comprehensive notes in their homework books.

To give students a full experience of what an exam season feels like, results will be sent home during the final week of term. Any students who have concerns or worries regarding their results should contact their head of year and we will arrange a meeting to discuss them so all worries are resolved before the Summer Holiday and each student can hit the ground running in September.

Some ways to support your child with revision can be found here on our school website: <u>Revision guidance for parents</u>

Here are some easy things you can do to help your child

## Top 10 tips to support your child with revision

- Being a role model Help support them with revision by asking them questions, reading their notes and listening to them.
- Help them set goals Encourage them to keep their goals planner visible e.g. printed and displayed on their bedroom wall. Help focus them and talk to them about their goals regularly

Anita Frier, Headteacher

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- Keep them active Encourage them to keep active on a daily basis
- Healthy eating Encourage them to eat breakfast everyday Eating the right food and drink can energise your system, improve alertness and sustain your child through the long exams
- Time out Encourage them to build in opportunities to take some time out every week, away from study
- Sleep patterns Young people need between 8 9 hours sleep per night
- Unplugging Encourage them to unplug from technology everyday. Help them switch off from technology at least 30 mins- I hr before going to sleep
- Staying cool & calm Promote a balance of their academic studies & other activities during the week
- Belief Give them positive reinforcement
- Be supportive

This is the first real set of mock exams and is a vital stepping stone in preparing them for the real exams next year in year 11. If you have any questions or concerns please contact your son/daughter's tutor or Head of Year.

Yours faithfully

Mr S Gill Deputy Headteacher

## Year 10 Scott Medical Healthcare College June/July 2024 Mock Exams Timetable

| Week 1 of 2         | 9:00                                   | 13:15  |
|---------------------|--|--|
| Monday 24th June    | English Language Paper 1<br>1hr 45mins | No Exam  |
| Tuesday 25th June   | Maths Paper 1<br>1hr 30mins            | No Exam  |
| Wednesday 26th June | Separate Biology<br>1hr 45mins         | No Exam  |
| Thursday 27th June  | English Language Paper 2<br>1hr 45mins | Geography 1hr 30mins                           |
| Friday 28th June    | Separate Chemistry<br>1hr 45mins       | Spanish Reading & Listening<br>35mins & 45mins |

| Week 2 of 2        | 9:00                             | 13:15                         |
|--------------------|----------------------------------|-------------------------------|
| Monday 1st July    | Maths Paper 2<br>1hr 30mins      | No Exam                       |
| Tuesday 2nd July   | English Literature<br>1hr 45mins | History<br>1hr 45mins         |
| Wednesday 3rd July | Separate Physics<br>1hr 45mins   | Psychology<br>1hr 45mins      |
| Thursday 4th July  | Maths Paper 3<br>1hr 30mins      | Spanish Writing<br>1hr 15mins |