

Scott Medical & Healthcare College Newsletter



April 2024



Dear Parents/Carers,

As we step into the spring term, we reflect on a bustling period teeming with enriching activities and abundant opportunities for our students to thrive.

Our school welcomed esteemed speakers from institutions such as the University of Plymouth Marjon and Oxford University, offering valuable insights and inspiration. Additionally, students had the privilege of exploring the cutting-edge medical facilities at the University of Plymouth, broadening their horizons in the field of healthcare.

A significant highlight of this term was the attainment of First Aid qualifications by all our year 12 students, a pivotal step in their journey towards pursuing medical careers.

Furthermore, we proudly celebrated the achievements of our DofE students in our annual Celebration Evening.

We wish you a Happy Easter and looking forward to more exciting opportunities next term.

Best wishes,

Anita Frier,
Headteacher



DofE Celebration Evening 2024

This term we again hosted our prestigious cross-campus Duke of Edinburgh (DofE) Celebration Evening. The event served as a platform to celebrate the remarkable achievements of our students over the past year.

Bronze awardee Jack said, *"The expeditions were particularly challenging, but we learned to work together as a team to achieve our goals (despite the cows trying to distract us). Additionally, learning map reading as my skill helped me greatly with my ability to navigate the route."*

Silver recipient Prisca, beamed *"My Silver Duke of Edinburgh's Award (DofE) experience was a rollercoaster of emotions! However it's a journey I'll never forget, filled with challenges that shaped me into a stronger and more resilient person."*

Prisca's fellow team mate, River said, *"The journey to achieve the Silver Award has been a challenging yet incredibly rewarding experience. From navigating through the wilderness on our expeditions to volunteering in our local communities, every step has been a testament to our determination and resilience."*

Faith, our Gold awardee said, *"The main difference between Gold DofE and the other levels is the residential section. This personally turned out to be my favourite section to complete. I chose to do mine at a respite centre for people with disabilities in London."*

REMINDER
OPEN EVENING
WEDNESDAY 24TH APRIL





Psychology Associate Professor talk to Year 12's

Year 12 students explored the fascinating realm of psychology during a session led by Associate Professor Dr. Hazel Bending from Plymouth Marjon University.

Dr. Bending's expertise shed light on the intricacies of memory and its practical applications in everyday life.

With a keen focus on the significance of eyewitness testimony and working memory, Dr. Bending captivated the students, providing them with a variety of valuable insights. The session served as a bridge, connecting theoretical concepts with real-world scenarios, enriching their understanding of the subject.

[CLICK HERE TO READ MORE...](#)



Year 12 students complete Emergency First Aid Award

We are delighted that all our Year 12 students have successfully completed their Emergency First Aid At Work qualification this week.

This accomplishment marks a crucial milestone in their educational journey, equipping them with essential life-saving skills that will prove invaluable in various facets of their future endeavours.

Our students underwent an intensive one-day course, culminating in the attainment of a recognised FAA Level 3 Award. This qualification, valid for three years, not only enhances their university applications but also serves as a cornerstone for prospective apprenticeships and future workplaces.

As a specialist medical school, the acquisition of this certificate holds paramount importance. It provides our students with a solid foundation, instilling in them the confidence and proficiency necessary to embark on their careers with competence and compassion.

Reflecting on her experience, Jemima shared, *"I really enjoyed the practical elements. It helped me to absorb the theory and apply it for myself."* Similarly, Amber expressed her exhilaration with the role-play exercises, acknowledging the initial apprehension followed by a sense of empowerment as she navigated through simulated emergency scenarios. *"Once I had treated the 'casualty', I felt a surge of confidence in my ability to assist someone in a real-life situation,"* she remarked.

Joel articulated his newfound assurance in his ability to respond effectively in times of crisis. *"I feel confident that I would now be able to help someone if I needed to, which is a reassuring feeling,"* he affirmed.



BE APP AWARE MONKEY RUN

Created by teens, for teens, Monkey Run video chat describes itself as being like speed dating for friends. After pairing you with another user at random, the video chat starts as a 15-second face-to-face call to see if they "vibe with you." If both users tap the Time button on the screen, the video chat will continue. Otherwise, they're automatically reconnected to a new user for a new 15-second chat.



Apps similar to Monkey include Chatroulette, but Monkey differs in that it's specifically targeted at Gen Z users. Developed and launched by five Californian teens, Monkey combines social media features that teens know and love — such as filters, stories, and card swiping — alongside profile data including your username, age, gender, and location.



Sports students achieve Activity First Aid

Our year 12 and 13 Sports Students proudly achieved their Activity First Aid Level 3 Qualification this half term.

Throughout the two-day course, our students delved into an array of units covering critical aspects of first aid. From CPR and AED training to handling wounds, bleeds, seizures and burns, they have equipped themselves with the knowledge and techniques necessary to respond effectively in emergencies. Additionally, they learnt to address bone, joint, and muscle injuries, as well as head and spinal injuries, chest injuries, eye injuries, anaphylaxis, strokes, heart attacks, diabetes, and other major illnesses.

As they venture into their post-18 journeys, whether pursuing higher education, entering the workforce, or exploring other avenues, the skills they have acquired will undoubtedly prove invaluable.

[CLICK HERE TO READ MORE...](#)



Understanding Student Finance - Year 13 talk

Our Year 13 students had the privilege of hearing about the intricate world of student finance, thanks to a comprehensive talk led by Mary Coles from Next Steps South West and two University of Plymouth student ambassadors.

From tuition fee loans to maintenance grants, our students learnt about the intricacies of funding higher education. Understanding eligibility criteria and the intricate application processes were emphasised to empower students in making informed decisions.

[READ THE FULL STORY HERE...](#)



Campus Careers Fair

We welcomed a record number of education providers and employers to our annual Careers Fair this week.

Students in Years 9-13 had the invaluable opportunity to interact with local employers and colleges to explore the diverse range of exciting prospects available to them.

Students found the fair to be an invaluable resource for gathering information, exploring different career paths, seeking advice, and discovering the multitude of college options available to them.

Employers were impressed by the students' enthusiasm and thoughtful questions, which reflected their genuine interest and readiness to explore future career opportunities.

[CLICK HERE TO READ MORE...](#)



DIARY DATES

Wednesday 24th April
Year 8 - 9 Options Evening

Thursday 23rd May
Year 12 UCAS Workshop

Friday 24th May
Year 12 visit to University of Exeter



Year 12 students watch the National Live Theatre screening of "Vayna"

Our Year 12 students embarked on an enriching visit to the Vue cinema to see the National Live Theatre screening of "Vayna," a one-man adaptation of Anton Chekhov's timeless masterpiece, "Uncle Vanya."

Isaac said "The production exceeded expectations due to the variety of personalities expressed through just one actor."

For the students attending, this experience was more than just a cinematic outing; with their curriculum spanning from 1603 to 1947, understanding the historical context of literary works is paramount.

[READ THE FULL STORY HERE...](#)

St Luke's Hospice talk



Our students recently had the pleasure of hosting Iain Mitchell, a registered Nurse and member of the St Luke's Hospice Education Team.

Iain, an educator specialising in clinical skills and end-of-life care, shared invaluable insights with our year 9, 10, and year 12 students.

During the morning sessions, Iain eloquently discussed various terms related to end-of-life care, including the concept of palliative care.

Students like Grace and Julia demonstrated a keen interest in understanding the deeper aspects of end-of-life care. Grace's question about the concept of "spirit" prompted a thoughtful response from Iain, emphasising the individual's personal beliefs. Julia's enquiry regarding children staying with their ill parents highlighted the compassionate approach taken by St Luke's, respecting the wishes of families to provide comfort wherever possible.

[READ THE FULL STORY HERE...](#)

Exam preparation workshop

Year 11 students received an extra boost of motivation and encouragement as Jay and Rory from the 'Fixup' team visited our school.

With the GCSE exams just around the corner, their presence couldn't have come at a better time. The energetic duo brought with them a message of empowerment, urging students to give it their all in the final stretch leading up to the exams.

Charlie said, "It was great to be motivated by Jay and Rory to make the final push towards my GCSE exams."

Their words had a real impact on the students, igniting a renewed sense of determination amongst the students.



Life of Pi theatre trip



Drama students were treated to an unforgettable theatrical experience as they attended The National Theatre's production of "The Life of Pi" at the Theatre Royal Plymouth. Their collective verdict? Immersive, fascinating, and utterly captivating!



Central to the production's success was its innovative use of puppetry, particularly in bringing the story's animal characters to life. As students watched in awe, they marvelled at the lifelike movements and expressions of the puppets, unable to believe that these creatures were not real. The mastery of the puppeteers blurred the lines between reality and illusion, drawing the audience deeper into the narrative with each passing scene.

[CLICK HERE TO READ MORE...](#)



Fix Up Team visit year 11's for Exam Preparation workshop

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[CLICK HERE TO READ MORE...](#)



Year 12 students visit the new medical facility at UoP

SMHC Year 12 students were treated to an enriching experience as they took part in a bespoke day at the University of Plymouth campus.

Led by Plymouth University ambassadors, the students were guided through the main campus, soaking in the vibrant atmosphere and getting a taste of university life.

The highlight of the day came with an insightful talk from Francis Thompson, Associate Professor in Mental Health Nursing. Professor Thompson's engaging discussion shed light on what students can expect from university life and the diverse array of courses offered within the esteemed Faculty of Health.

Following the enlightening talk, students had the opportunity to see the brand-new Intercity Place, the Faculty of Health's cutting-edge premises. Here, they were treated to a first hand glimpse of state-of-the-art facilities, including a virtual dissection and visualisation system for anatomy teaching, clinical practice suites, and clinical skills wards, amongst other remarkable resources. The tour provided students with invaluable insights into the modern landscape of healthcare education, showcasing the innovative tools and environments they could potentially explore in their academic pursuits.

The tour not only broadened their horizons but also reaffirmed their passion for pursuing careers in the health sector.



CURRENT VACANCIES

We have a range of vacancies currently open:

Administrator

Teaching Assistant

[TO APPLY, PLEASE VISIT OUR WEBSITE](#)

Criminology Trip

In an enriching experience that bridged academia with real-world applications, Year 12 students recently heard from Plymouth University's Criminology Department.

Keira beamed, "I really enjoyed how interactive it was. I definitely left the university considering their Criminology and Psychology course as an option for the future."



[CLICK HERE TO READ MORE...](#)



Silver DofE Practice Walk



Blessed with favourable weather conditions, the students went on an adventure, encountering diverse terrains that tested their resilience and navigational skills. From challenging uphill climbs to navigating through bogs, streams, and even prickly bushes, the students embraced every twist and turn with enthusiasm and determination.

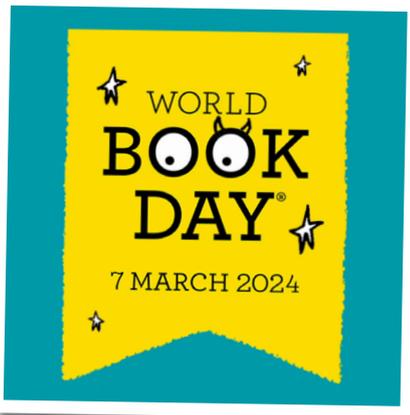
Throughout the expedition, students practised map reading, mastering the use of six-digit map codes, employing sticks to pinpoint detailed locations, and employing techniques such as hand railing, check features, catch features, and contouring. These skills not only enhanced their confidence but also equipped them with essential tools for their main expedition.

[CLICK HERE TO SEE MORE PHOTOS](#)



World Book Day

In celebration of World Book Day our students took part in various activities throughout the day as well as engaging in some English World Book Day themed lessons focusing on female writers due to International Women's Day falling this week too.



Bronze DofE Walk

52 of our enthusiastic Year 9 students went on an enriching adventure as they participated in their Bronze Duke of Edinburgh (DofE) practice walk. The walk aimed to instil valuable skills and foster a sense of adventure among our young explorers.

Starting the journey from SDCC, students set off on foot towards Cremyl, boarding the ferry to Mount Edgecombe. Divided into 8 groups, the students had to use their newfound skills to cook their own food using a Trangia and navigate their way around the Mount Edgecombe loop.

[CLICK HERE TO READ MORE](#)



Gold DofE Students Embark on Dartmoor Adventure

Our Gold DofE students took part in an exhilarating journey during their first practice walk across the Tors in Merrivale.

Amidst the stunning backdrop, the students showcased their exceptional navigation skills and meticulous planning, ensuring a smooth and successful journey across the Tors. Their unwavering determination and teamwork were evident at every turn, as they tackled challenges with resilience and positivity.

We are confident that these young adventurers will be absolutely fine in their final expedition!

[CLICK TO READ MORE](#)



CLUBS

SPRING 2024



Scott
Scott Medical and Healthcare College

MONDAY

PRODUCTION DANCERS

Who? All years | *Where?* DA1
When? 3-5pm

DUNGEONS AND DRAGONS

Who? All years | *Where?* AT1
When? 3-4pm

LGBTQIA+

Who? KS4 | *Where?* GF01
When? Break B

ROCK CLUB 1

Who? Years 10-13 | *Where?* MU1
When? 3-4.15pm

TUESDAY & WEDNESDAY

DOFE CREATIVE SKILLS

Who? Years 9-13 | *Where?* PG2
When? 3-4pm

TUESDAY, WEDNESDAY & THURSDAY

FITNESS SUITE

Who? Years 7 and 8 | *Where?* Fitness Suite
When? 3.15-4.15pm

PRODUCTION REHEARSALS

Who? All years | *Where?* Main Hall
When? 3-5pm

THURSDAY

NETBALL

Who? Year 7 | *Where?* Courts/ Sports hall
When? 3.15-4.15pm

KEYBOARD CLUB

Who? All years | *Where?* MU1
When? 3-4pm

POKEMON

Who? All Years | *Where?* CT1
When? Break B

COLOURING CLUB

Who? All Years | *Where?* SF05
When? 3-4pm

MEDIA CLUB

Who? All Years | *Where?* MS2
When? 3-4pm

NATIONAL ARCHIVES CLUB

Who? KS4 | *Where?* TBC
When? 3-4pm

PRODUCTION SINGERS

Who? Students involved in Production
Where? MU1
When? 3-4.30pm

SF STUDY CLUB

Who? Years 12 and 13 | *Where?* SF02
When? 3-4pm

YOGA

Who? All years | *Where?* FT1
When? 3.15-4.15pm

DODGEBALL

Who? KS3 | *Where?* Old Gym
When? 3.15-4.15pm

FOOTBALL GIRLS

Who? All Years | *Where?* Sports Hall
When? 3.15-4.15pm

TUESDAY

NETBALL

Who? All years | *Where?* Courts/ Sports hall
When? 3.15-4.15pm

STEAM

Who? All years | *Where?* CT1
When? 3-4pm

CAMPUS NEWS

Who? All years | *Where?* MS1
When? 3-4pm

ECO CLUB

Who? All years | *Where?* EB2/3
When? 3-4pm

ROCK CLUB 2

Who? Years 10-13 | *Where?* MU1
When? 3-4.15pm

SILVER DOFE EXPEDITION TRAINING

Who? Year 10 | *Where?* EB3/4
When? 3-4pm

SIGN LANGUAGE

Who? All years | *Where?* GF01
When? 3:10-4pm

TABLE TENNIS

Who? All years | *Where?* FT1
When? 3.15-4.15pm

GYMNASTICS

Who? All years | *Where?* Old gym
When? 3.15-4.15pm

WEDNESDAY

BOARD GAMES

Who? Years 7-9 | *Where?* Ma2
When? 3-4pm

ART AND CLAY CLUB

Who? All years | *Where?* AT2
When? 3.10-4pm

PARAGON MATHS

Who? All years | *Where?* Ma5
When? 3-4pm

BRONZE DOFE EXPEDITION TRAINING

Who? Year 9 | *Where?* Scott Suite
When? 3-4pm

BADMINTON

Who? All years | *Where?* Sports Hall
When? 3.15-4.15pm

UCAT CLUB

Who? Year 13 Term 1 Year 12 Term 2 onwards | *Where?* SF03
When? 3-4pm

BASKETBALL CLUB

Who? All years | *Where?* Sports Hall
When? Week A Break B

FRIDAY

LEVEL 2 FURTHER MATHS

Who? Year 11 | *Where?* FF04
When? 3.05-4pm

Care to Learn
Learn to Care

SAFEGUARDING UPDATE

SAFEGUARDING YOUR YOUNG PERSON OVER THE EASTER HOLIDAYS

IN PERSON

Supervision: Always keep an eye on your children, especially in crowded places or unfamiliar environments.

Establish boundaries: Make sure children understand boundaries, such as not wandering off alone or accepting gifts or invitations from strangers.

Communication: Have open conversations with your children about safety rules and what to do in case of emergencies.

Buddy system: Encourage children to stay with a friend or family member when in public places.

Designated meeting spots: Agree on meeting spots in case anyone gets separated.

Teach assertiveness: Teach children to assert themselves in uncomfortable situations and to seek help from trustworthy adults if needed.

Emergency contact information: Ensure children know how to reach you or another trusted adult in case of emergency.

ONLINE:

Parental controls: Set up parental controls on devices to restrict access to inappropriate content and limit screen time.

Educate about online risks: Teach children about online dangers such as cyberbullying, phishing scams, and online predators.

Privacy settings: Review and adjust privacy settings on social media accounts and other online platforms to limit exposure to strangers.

Monitor online activity: Regularly check your child's online activity and discuss any concerns or red flags.

Establish trust: Foster an environment where children feel comfortable discussing their online experiences with you without fear of judgement.

Encourage critical thinking: Teach children to critically evaluate online information and to be cautious when interacting with strangers or sharing personal information.

Model healthy online behaviour: Lead by example by demonstrating responsible and respectful online behaviour.



GENERAL TIPS:

Stay informed: Keep yourself updated on current safety guidelines and trends both in the physical and digital worlds.

Stay connected: Maintain open lines of communication with your children and encourage them to share any concerns or experiences with you.

Teach empowerment: Empower children to trust their instincts and speak up if they feel uncomfortable or unsafe, whether in person or online.

Plan activities together: Participate in Easter activities together as a family to strengthen bonds and ensure safety in numbers.

By implementing these strategies, parents can help safeguard their children during Easter festivities, both in person and online.

We also recognise that the Easter period is difficult for some of our families with the loss of access to hot school lunches and the increasing cost of living food and nutrition may be difficult to provide for our growing young people. If you are struggling for food over the Easter period please contact the Safeguarding Team on safeguarding@sdcc-smhc.net where we will be able to sign post support.

Best wishes and a Happy Easter.

Mr Kelly

If you have a concern or worry about a student please contact the safeguarding team
safeguarding@scottcollege.co.uk

TALK 2 US Talk 2 Us is available for students to raise any concerns or worries.

talk2us@scottcollege.co.uk